

Global EI Summit 2021 on Clubhouse



Shining the Light of EI on the Entrepreneurs Work/Life Balance

Recognize that we can't suppress heart work when we are doing head work – we have to bring the two 2 into **BALANCE!**

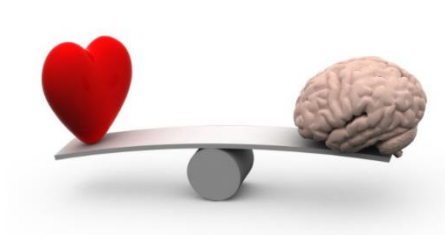
The EQ-i^{2.0} Model



Wanda L. Scott is a certified EQ-i 2.0 Assessor and Certified Coach

Know when it is time to put our thought processes down.

- ✚ Mindfulness tools.
- ✚ Recognize feelings/emotions.

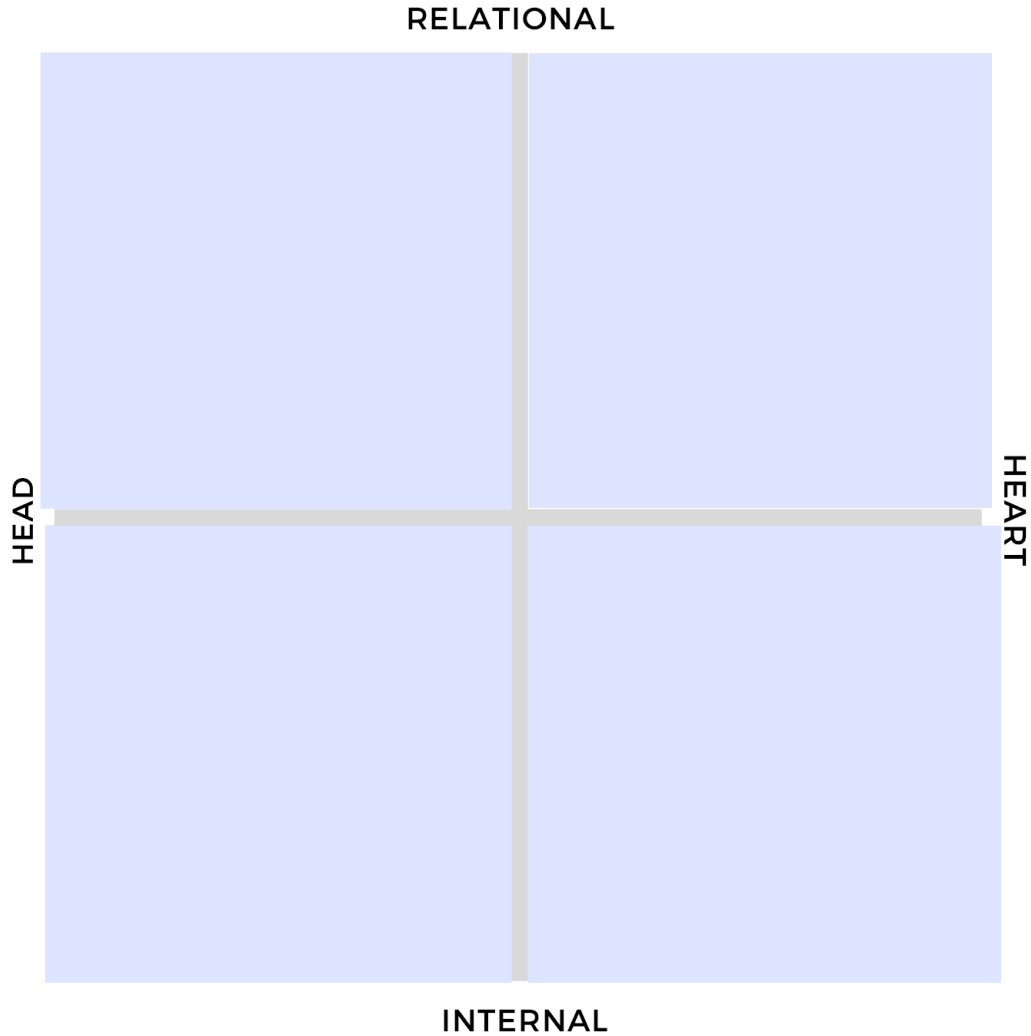


Control

Balance (Emotions & Thought)

Head-Heart Quadrant mapping.

- ✚ Relationship (business influences) that pressure you to do business their way.
- ✚ Internal (thoughts/narrative) – our wrong thinking on how to be successful.



Grow your EQ in Empowerment School online.
Visit <https://www.wandalscott.com/globaleisummit> to connect with Wanda!